

It's **OK** to ask others to put on a **mask**



WASH UP

Between hand-washings, use hand sanitizer



FOAM UP

You know the drill: Scrub well for 20 seconds, and often



MASK UP

When 6 feet can't be maintained



SPEAK UP

Ask others to foam up, wash up, social distance or mask up

BE THE EXAMPLE

Behind every mask is a person who cares. We must all do our part to reduce the spread of germs to protect our patients, families and each other.

Mask up!