**Flu Algorithm**

**Testing and Antivirals**

This algorithm is a general guideline and should not be used as a substitute for clinical decision making based on your patient’s individual condition and circumstances.

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**High Risk Criteria**

- Children younger than 2 years old (moderate risk children 2–60 months)
- Adults 65 years and older
- Pregnant women
- Residents of nursing homes and other long term facilities
  - People who have medical conditions including:
    - Asthma
    - Neurological and neurodevelopmental conditions
    - Chronic lung disease
    - Heart disease
    - Blood disorders (such as sickle cell disease)
    - Endocrine disorders (such as diabetes)
    - Kidney disorders
    - Liver disorders
    - Metabolic disorders (such as inherited metabolic disorders and mitochondrial disorders)
    - Weakened immune system due to disease or medication
    - People younger than 13 years of age who are receiving long-term aspirin therapy
    - People with extremes obesity (BMI of 40 or more)

*Household contacts of patients at high risk may also merit consideration of testing and antiviral treatment to minimize risk to the household contact.*

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**Prescribe Antiviral**

**Supportive treatment.**

Recommend influenza immunization if not already given. (Offer if feasible in your setting.) Educate regarding reduction of transmission.

**Perform testing**

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**Test positive?**

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**Test negative?**

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**Supportive treatment.**

Recommend influenza immunization if not already given. (Offer if feasible in your setting.) Educate regarding reduction of transmission.

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